



PLAY BETTER GOLF

Whether you are just learning the game or an avid golfer, we got you covered to play better golf.

JEFF MEHLERT, PGA

GENERAL MANAGER



I believe in keeping my instruction simple to follow and I strive to help students meet their desired results in a timely manner. I want to educate the student to understand and solve their current and future problems. My goal is to not create a player who is dependent on constant, repeated coaching. I focus on athletic golf movement principles I learned studying under Kendal Yonomoto (Canadian PGA) and other respected PGA Professionals. I evaluate athleticism and fundamentals relative to each student's unique ability, not a set of predetermined concepts on how everyone should play the game. To schedule a lesson, please call Jeff at 253-227-7471 or email at jmehlert@semiahmoo.com

KEITH HENDERSON

GOLF PROFESSIONAL



A goal for me when providing instruction is to keep it simple so the student maintains a clear picture of root improvements that may be suggested. Using techniques to simplify instruction often guides the student to discover their golf swing and a better understanding of the importance of the fundamentals. Assisting players to better enjoy their golf is the primary goal.

JEFF COSTON, PGA

JEFF COSTON GOLF ACADEMY



The Jeff Coston Golf Academy is a year-round, indoor training facility at Semiahmoo G&CC. Jeff has not only taught the game of golf but he has played it for a living. Jeff has seen the best of both worlds and understands how to coach you. He will not only improve your swing mechanics but help you shoot lower scores. Learn from Washington's #1 golf teacher (Golf Digest) and one of the nation's top 100 golf instructors (Swing Man Golf). Visit www.jeffcoston.com for more information or call Jeff directly to book your lesson - 360-201-4590.



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JEFF MEHLERT & KEITH HENDERSON | LESSON RATES

ADULT LESSONS 60-MINUTE LESSONS

60-minute lesson: \$100 | Members \$75

JUNIOR LESSONS

60-minute lesson: \$75 | Junior Members \$50

GROUP LESSONS

100 per hour, divided by the number of students. No more than four students.

Playing lessons are available, please inquire with your instruction.

Schedule directly with Jeff or Keith. 48-hour cancellations notice required.

SEMIAHMOO MEMBER PLAYER DEVELOPMENT PROGRAMS

Women's 100 Club (Monthly)

Beginners or course intimidated golfers | Alternate clinic and playing the course from 100 yards | \$150 each

Men's Coaching Club (Monthly)

Beginner and Intermediate practice sessions | \$100 each

Women's Group Lessons (Monthly)

Avid golfers practicing with purpose in a social format | \$100 each

Contact the golf shop for dates and times June - August

Semiahmoo Resort Guests

Introduction to Golf | 1.5 hours | Call for availability | \$150 each - \$50 each additional golfer

Private Instruction | Call for availability | \$100 hr.

JEFF COSTON GOLF ACADEMY | LESSON RATES

JUNIOR VIDEO LESSONS

60-minute lesson: \$150 | Two-hour playing lesson: \$275

ADULT PRIVATE VIDEO LESSONS

60-minute lesson: \$150 | Semiahmoo Member 60-minute lesson: \$125 | Two hour playing lesson: \$275

Series of five lessons: \$800 (must be completed by year's end)

SEMI-PRIVATE VIDEO LESSONS

First person: \$200 | Each additional person: \$100 Two-hour playing lesson (per person):\$400

Call Jeff Coston directly to schedule your lesson: 360-201-4590. 48-hour cancellations notice required.