



# PLAY BETTER GOLF

Whether you are just learning the game or an avid golfer, we got you covered to play better golf.

## JEFF MEHLERT, PGA

GENERAL MANAGER



I believe in keeping my instruction simple to follow and I strive to help students meet their desired results in a timely manner. I want to educate the student to understand and solve their current and future problems. My goal is to not create a player who is dependent on constant, repeated coaching. I focus on athletic golf movement principles I learned studying under Kendal Yonomoto (Canadian PGA) and other respected PGA Professionals. I evaluate athleticism and fundamentals relative to each student's unique ability, not a set of predetermined concepts on how everyone should play the game. To schedule a lesson, please call Jeff at 253-227-7471 or email at [jmehlert@semiahmoo.com](mailto:jmehlert@semiahmoo.com)

## CHRIS GARRISON, PGA

HEAD GOLF PROFESSIONAL



Chris' engaging style and experience has helped golfers reach their goals and have fun playing golf for 30 years. He's been recognized by the Pacific Northwest PGA for his development skills with youth and adults and is an accomplished player with 17 victories as a club professional in the PNW PGA. Most recently Chris has been certified in the American Development Model, a collaboration between the U.S. Olympic Committee and golf's governing bodies. He is skilled to coach all aspects and is adaptable to reach golfers wherever they are in the game. You'll find Chris enthusiastically bringing people together through the game of golf everyday. To schedule a lesson, please call Chris at 503.312.4059 or email at [cgarrison@semiahmoo.com](mailto:cgarrison@semiahmoo.com)

## JEFF COSTON, PGA

JEFF COSTON GOLF ACADEMY



The Jeff Coston Golf Academy is a year-round, indoor training facility at Semiahmoo G&CC. Jeff has not only taught the game of golf but he has played it for a living. Jeff has seen the best of both worlds and understands how to coach you. He will not only improve your swing mechanics but help you shoot lower scores. Learn from Washington's #1 golf teacher (Golf Digest) and one of the nation's top 100 golf instructors (Swing Man Golf). Visit [www.jeffcoston.com](http://www.jeffcoston.com) for more information or call Jeff directly to book your lesson - 360-201-4590.



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## **JEFF MEHLERT, CHRIS GARRISON & KEITH HENDERSON | LESSON RATES**

### **ADULT LESSONS 60-MINUTE LESSONS**

60-minute lesson: \$100 | Members \$75

### **JUNIOR LESSONS**

60-minute lesson: \$75 | Junior Members \$50

### **GROUP LESSONS**

100 per hour, divided by the number of students. No more than four students.

**Playing lessons are available, please inquire with your instruction.**

*Schedule directly with Chris, Jeff, or Keith. 48-hour cancellations notice required.*

## **SEMIAHMOO MEMBER PLAYER DEVELOPMENT PROGRAMS**

### **Women's 100 Club (Monthly)**

Beginners or course intimidated golfers | Alternate clinic and playing the course from 100 yards | \$150 each

### **Men's Coaching Club (Monthly)**

Beginner and Intermediate practice sessions | \$100 each

### **Women's Group Lessons (Monthly)**

Avid golfers practicing with purpose in a social format | \$100 each

Contact the golf shop for dates and times June - August

### **Semiahmoo Resort Guests**

Introduction to Golf | 1.5 hours | Call for availability | \$150 each - \$50 each additional golfer

Private Instruction | Call for availability | \$100 hr.

## **JEFF COSTON GOLF ACADEMY | LESSON RATES**

### **JUNIOR VIDEO LESSONS**

60-minute lesson: \$150 | Two-hour playing lesson: \$275

### **ADULT PRIVATE VIDEO LESSONS**

60-minute lesson: \$150 | Semiahmoo Member 60-minute lesson: \$125 | Two hour playing lesson: \$275

Series of five lessons: \$800 (must be completed by year's end)

### **SEMI-PRIVATE VIDEO LESSONS**

First person: \$200 | Each additional person: \$100 Two-hour playing lesson (per person):\$400

*Call Jeff Coston directly to schedule your lesson: 360-201-4590. 48-hour cancellations notice required.*