



# GOLF INSTRUCTION AT SEMIAHMOO GOLF & COUNTRY CLUB

## Golf Instructors

Every golfer, from the beginner to the more advanced player, can benefit from a useful golf lesson.

The team at Semiahmoo Golf & Country Club have a wealth of knowledge about the game and can help you achieve your goals.

For more information, please call 360-371-7005, ext 3



### **Jeff Coston, PGA | Jeff Coston Golf Academy**

The Jeff Coston Golf Academy is a year-round, indoor training facility at Semiahmoo G&CC. Jeff has not only taught the game of golf but he has played it for a living. Jeff has seen the best of both worlds and understands how to coach you. He will not only improve your swing mechanics, but help you shoot lower scores. Learn from Washington's #1 golf teacher (Golf Digest) and one of the nation's top 100 golf instructors (Swing Man Golf). Visit [www.jeffcoston.com](http://www.jeffcoston.com) for more information or call Jeff directly to book your lesson - 360-201-4590.



### **Jeff Mehlert, PGA | Director of Golf at Semiahmoo G&CC**

I believe in keeping my instruction simple to follow and I strive to help students meet their desired results in a timely manner. I want to educate the student to understand and solve their current and future problems. My goal is to not create a player who is dependent on constant, repeated coaching. I focus on athletic golf movement principles I learned studying under Kendal Yonomoto (Canadian PGA) and other respected PGA Professionals. I evaluate athleticism and fundamentals relative to each student's unique ability, not a set of predetermined concepts on how everyone should play the game. To schedule a lesson, please call Jeff at 253-227-7471 or email at [jmehlert@semiahmoo.com](mailto:jmehlert@semiahmoo.com)



### **Chris Garrison, PGA | Head Golf Professional at Semiahmoo G&CC**

Chris' engaging style and experience has helped golfers reach their goals and have fun playing golf for 30 years. He's been recognized by the Pacific Northwest PGA for his development skills with youth and adults and is an accomplished player with 17 victories as a club professional in the PNW PGA. Most recently Chris has been certified in the American Development Model, a collaboration between the U.S. Olympic Committee and golf's governing bodies. He is skilled to coach all aspects and is adaptable to reach golfers wherever they are in the game. You'll find Chris enthusiastically bringing people together through the game of golf everyday. To schedule a lesson, please call Chris at 503.312.4059 or email at [cgarrison@semiahmoo.com](mailto:cgarrison@semiahmoo.com)



### **Tanner Lester, PGA | Lead Assistant Golf Professional at Semiahmoo G&CC**

My philosophy is to simplify the golf swing into basic terminology to help you understand. Lessons will focus on exactly what you need to work on to get better while also discussing sports physiology and mental toughness. I believe it is important to work on the biomechanics of your golf swing (grip, alignment, posture, swing plan, angle of attack, and club face at impact) before diving into deeper instruction. All my students will receive a clearly defined path for progression and improvements. My goal is to help you define and achieve your goals. To schedule a lesson, please call Tanner at 360-371-7005, ext. 3 or email [tlester@semiahmoo.com](mailto:tlester@semiahmoo.com)



### **Kelly Brown | Semiahmoo Golf & Country Club**

Keep it simple and easy is my philosophy when it comes to golf instruction. I like to explain the fundamentals of golf in a way that is easy to understand and then execute. No two swings are the same, so golf instruction should not be the same for every student either. While I am not a PGA Certified Instructor, my collegiate golf days and my career in the golf industry has given me a wealth of knowledge that I like to pass down to my students. To schedule a lesson, please call Kelly at 360-371-7005, ext. 3 or email [kbrown@semiahmoo.com](mailto:kbrown@semiahmoo.com)



# GOLF INSTRUCTION AT SEMIAHMOO GOLF & COUNTRY CLUB

## Jeff Coston Golf Academy | Lesson Rates

### Junior Video Lessons

60-minute lesson: \$150 | Two hour playing lesson: \$275

### Adult Private Video Lessons

60-minute lesson: \$150 | Semiahmoo Member 60-minute lesson: \$125 | Two hour playing lesson: \$275  
Series of five lessons: \$800 (must be completed by year's end)

### Semi-Private Video Lessons

First person: \$200 | Each additional person: \$100  
Two-hour playing lesson (per person): \$400

*Call Jeff Coston directly to schedule your lesson: 360-201-4590. 48-hour cancellation notice required.*

## Jeff Mehlert, Director of Golf | Lesson Rates

## Chris Garrison, Head Golf Professional | Lesson Rates

### Adult Lessons

60-minute lesson: \$100 | 60-minute lesson Semiahmoo Member: \$75

### Junior Lessons

60-minute lesson: \$75 | 60-minute lesson Semiahmoo Junior Member : \$50

### Group Lessons

\$100 per hour, divided by the number of students. No more than four students.

*\*Playing lessons are available, please inquire with your instructor*

*Schedule directly with Jeff Mehlert or Chris Garrison. 48-hour cancellation notice required.*

## Tanner Lester, Lead Golf Assistant | Lesson Rates

## Kelly Brown | Lesson Rates

### Adult Lessons

60-minute lesson: \$75 | 60-minute Semiahmoo Member lesson: \$60

Series of three lessons: \$200 | Series of three lessons Semiahmoo Member: \$160

60-minute semi-private lesson: \$50 each | 60-minute semi-private SGCC Member lesson: \$40 each

60-minute group(3-5) lesson: \$40 each | 60-minute SGCC Member group (3-5) lesson: \$30 each

### Junior Lessons

45-minute lesson: \$50 | 45-minute lesson Semiahmoo Junior Member : \$40

Series of three lessons: \$140 | Series of three lessons Semiahmoo Member: \$115

45-minute semi-private lesson: \$40 each | 45-minute semi-private SGCC Member lesson: \$30 each

*\*Playing lessons and Series of 3 lessons for groups are available as well. Inquire with your instructor.*

*Schedule directly with Tanner Lester or Kelly Brown. 48-hour cancellation notice required.*